



Shahid Beheshti University of Medical Sciences School of Nursing and Midwifery Education Development Office	Document ID
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Information about the course
Department: Psychiatric Nursing and Management Department Name of Course: Child and Adolescents Psychiatric Nursing Interventions Type and number of credits: 1 (1 Theory, 1 Clinical) Pre-requirement/co-requirement: Counseling in Nursing Course and level of study: MSc level, Psychiatric Nursing Class day and time: Wednesday, 15-17

The information of the person in charge of the course	Information of associate professors
Name of the person responsible for the course: Dr. Fataneh Ghadirian Science ranking: Assistant Professor Major: Psychiatric Nursing Workplace: School of Nursing and Midwifery, Third floor, Room No. 320 Phone Call: +021 88655366- 334 E-mail: ghadirian.fataneh@gmail.com	Collaborating Lecturers: Meeting time and place: Phone Call: E-mail of Professors:
The date of the last revision of the lesson plan: 09/01/2023	



Lesson Description

The content of this lesson aims to promote the physical, mental, and social health of children and adolescents in society by providing preventive measures at different levels, taking into account specific issues.

Main Goal:

- To gain awareness and knowledge of the stages of psychological growth and development of students, expand knowledge in the field of recognizing the causes and factors of common psychological disorders in children and adolescents, treatment methods, care, and prevention.

Specific Goals: (expected competencies)

After completing the course, the learner is expected to be able to know and analyze:

- Developmental psychology, psychological disorders in childhood and adolescence,
- Neurology in children and adolescents,
- Psychological assessment and classification of disorders,
- Prevention, treatment and rehabilitation of psychological disorders,
- Psychotropic drugs in children and adolescents,
- Non-organic interventions and care, management and leadership in child and adolescents,
- Legal and ethical considerations in psychiatric centers for children and adolescents,
- Psychological rehabilitation in childhood and adolescent disorders, prevention and related interventions in child and adolescent psychiatry, and
- Evidence-based interventions in child and adolescent psychotherapy.



Educational Approach

Virtual class

Related teaching-learning method

Synchronous online class non-synchronous online class inverted class
simulation methods gamification discussion
forums

Other

In-person class

Related teaching-learning methods:

Lecture small group discussion question and answer
solution-based learning problem-based learning scenario-based learning,
project presentation

Other (name):

Hybrid

Please name the method use from all face-to-face and virtual methods:

- 10% virtual- Synchronously
- 60% lecture
- 20% Solution-based learning
- 10% question and answer



Tentative Lesson Plan

Session Number	Date	Topic	Teaching-learning method	Lecturer
1	September 27, 2023	Mental disorders and neuropathology in child and adolescents	Lecture-Discussion	Dr. Ghadirian
2	October 04, 2023	Neurological and mental assessments in child and adolescents	Lecture-Discussion	Dr. Ghadirian
3	October 11, 2023	Mental disorders in child and adolescents (1)	Lecture-Discussion	Dr. Ghadirian
4	October 18, 2023	Mental disorders in child and adolescents (2)	Lecture-Discussion	Dr. Ghadirian
5	October 25, 2023	Psychopharmacology in child and adolescents' psychiatry	Lecture-Discussion	Dr. Ghadirian
6	November 01, 2023	Non-pharmacological treatments in child and adolescents' psychiatry	Lecture-Discussion	Dr. Ghadirian
7	November 08, 2023	Rehabilitation and recovery in child and adolescents' psychiatry	Lecture-Discussion	Dr. Ghadirian
8	November 15, 2023	Psychiatric nursing interventions in child and adolescents' psychiatry	Lecture-Discussion	Dr. Ghadirian



Student Expectations/Course Rules

- Active participation in classes
- Self-study and class lecture

Evaluation Method

Formative assessment: Participation in class, Lecture in class

Summative assessment: Final exam

No.	Evaluation method	The contribution of the method to the student's final grade
1	Participation in class	20%
2	Lecture in class	20%
3	Final exam	60%

Lesson Resources:(last edition)

A. Books

- Thapar A, Pine D, Leckman JF, Scott S, Snowling MJ, Taylor EA, editors. Rutter's child and adolescent psychiatry. John Wiley & Sons.
- Boyd MA, editor. Psychiatric nursing: Contemporary practice. lippincott Williams & wilkins.
- Keltner NL, Steele D. Psychiatric Nursing-eBook. Elsevier Health Sciences.
- Fortinash KM, Worret PA. Psychiatric mental health Nursing-E-book. Elsevier Health Sciences.
- Stuart GW. Principles and practice of psychiatric nursing-e-book. Elsevier Health Sciences.

B. Article

C. E-learning materials